

# **Dedham Parks and Recreation**

## **Proudly Offers**



## **Dedham Youth Flag Football**

**Starting August 20, 2012**

**Dedham Youth Flag Football will teach children (ages 5-7) the basic motor skills and discipline necessary to play organized flag football through working one-on-one and as a team with the flag football coaches. The program will focus on teaching the children (and their parents) the basics of throwing and catching a football, handoffs and running with the football, stances, how to run plays and learn some of the key football positions.**

**Sign-Up online at [www.dedham-ma.gov/recreation](http://www.dedham-ma.gov/recreation)  
or in the Recreation Office**

<b>Dedham Residents</b>	<b>\$65.00</b>
<b>Non-Residents</b>	<b>\$85.00</b>

More information on the Dedham Youth Flag Football will be provided over the next several weeks by email including Rules and Coaches meetings. Sign up for the email notifications through [www.dedham-ma.gov/recreation](http://www.dedham-ma.gov/recreation). This program will only survive with the help of the parents. Please feel free to contact Jason Mammone [jlmammone44@gmail.com](mailto:jlmammone44@gmail.com) or Carmen DelloIacono [cksdcl@aol.com](mailto:cksdcl@aol.com) if you have any questions, concerns, or are interested in coaching. For additional information Dedham Recreation 781-751-9250.